

## **My Confession to You, Dear Reader**

I begin this amazing true story with a confession: I initially refused to write it. Even though I succeeded in opening myself to being “a mouthpiece for Mother Earth” so that my adventure and these experiences became possible at all, I was too uneasy about sharing them publicly.

What stopped me was that I was still too vested in being acceptable within the prevailing old paradigm of consensual reality. That version of reality is based on a materialistic, literal-thinking consciousness where judgmentalism prevails—and where I risked being judged as crazy. After all, my training and work has been as a mental health specialist; a psychotherapist in private practice for over 25 years. Some of the experiences I share could be seen by some of my professional peers (and possibly even some clients) as evidence of delusional psychosis. And I was supposed to be a representative and advocate of mental stability.

Yet as I grappled with this anxiety, I realized that the real psychosis of our times is our insistence on a reality that is exclusively material: materially concrete, limited to three dimensions and that excludes from reality anything that science cannot prove. This materialism-based, literalistic consciousness fuels our desire to acquire money and what it can buy as our basis for security and our highest goal. It promotes the consciousness of greed, scarcity and fear, and the belief that we are separate from each other and from the rest of creation. And it even has us resist the accumulating scientific evidence of an

interconnected, multi-dimensional reality—a reality known by the ancients and Indigenous peoples.

Quantum science continues to demonstrate what the ancients knew: that this perception of our separation from one another is erroneous. We are in fact interconnected—what the Indigenous, the ancients, and spiritually awakened people call “oneness.” My experiences were uncanny, even miraculous, verifications of just such interconnection. Yet I still struggled: If the public does not want to believe quantum science, why would they want to believe me and my story?

In the midst of my struggle about writing this book, Steve Jobs of Apple, Inc. died. Various media quotes about his character, his essence and his most profound life wisdom that he shared before he died became a grounding force for me. His words became a structure of support for me to stand upon, propelling me on, to speak my truth, and even clarifying why it was so important for me to do so.

I actually carried his words around in my purse. I referenced them daily, along with visits to my Altar of Surrender (which you will hear about in my story), in an ongoing commitment to get out of my ego-based fears and my habit of holding myself back.

Steve Jobs said:

“Your time is limited, so don’t waste it living someone else’s life. Don’t be trapped by dogma—which is living the results of other people’s

thinking. Don't let the noise of others' opinions drown out your own inner voice. And most important, have the courage to follow your own heart and intuition—they somehow already know what you truly want to become. Everything else is secondary.”

And, most comfortingly, he spoke these words, which always move me to tears:

“Here’s to the crazy ones, the misfits, the rebels, the troublemakers, the round pegs in square holes—the ones who see things differently. They push the human race forward, and while some may see them as the crazy ones, we see genius, because the ones who are crazy enough to think that they can change the world, are the ones who do.”

After quenching my thirst for these affirming words yet again, and drying my “Tears of Truth,” I chuckle. I remember the little magnet I carry in my pendulum pouch, right next to my collapsible dowsing rods. It reads, “Those who say it cannot be done shouldn’t interrupt the people doing it.” And now I feel ready to take the leap.

So here, dear Reader, is my story of the extraordinary and the impossible, with peeks, glimpses, and outright revelations from the Earth herself, of how this New Earth consciousness looks and feels.

Here is my story of how together we can co-create the New Earth of unity, joy and peace, rebirthing humanity beyond 2012 into the predicted Golden Age.

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